LAWRENCE SWAMP CONSERVATION AREA

AMHERST, MASS

DISTANCE: JUST OVER 1 MILE
Lawrence Swamp contains extensive forests adjacent to the Norwottuck Rail Trail and protected farmland. The conservation land shown is a small portion of the hiking trail networks and bike paths that create easy access to beautiful and quiet walks in the Valley. Bring your family to hike along Baby Carriage Brook and weave through the changing landscape.

**SUGGESTED ROUTE**

This clockwise loop is a little over a mile long with plenty of opportunities to explore other trail networks including the Robert Frost Trail and the Norwottuck Rail Trail. From the parking area, take a short walk west down the road before coming to an informational kiosk and trail head. Proceed into the woods and keep left to follow Jan Dizard Trail. Take a left at the beginning of the loop to follow the trail along Hop Brook. This is a great place to enjoy the sound of rushing water and look for wetland wildlife. Continue along the red-blazed trail and take a quick detour to the left to relax by Baby Carriage Brook on a small bridge. Return to the trail to walk through a Hemlock stand and follow the trail around the loop. Stay right to keep on the Jan Dizard Trail. Take a moment to identify tracks and take in the view one more time before completing the loop and returning to the parking area.

**WHAT YOU CAN DO HERE**

- Walk/Jog
- Watch Wildlife
- Visit Wetlands
- Admire Farmland
- XC Ski / Snowshoe

**DIRECTIONS**

- GPS address: 101 Station Rd., Amherst, MA 01002
- Parking is available west of a small bridge across Hop Brook on Station Road

**YOU SHOULD KNOW**

- Open dawn to dusk, year round
- Please keep dogs on leash and pick up after your pet
- Respect adjacent private property by staying on the trail

**WHAT TO LOOK FOR**

- Lawrence Swamp has an extensive network of trails including the Robert Frost Trail and the Norwottuck Rail Trail
- Beautiful brook views

**PARTNERS MAKE CONSERVATION POSSIBLE**

Kestrel Land Trust partners with towns to create, conserve, and care for public lands to help everyone connect with nature. The conservation lands here are owned by the Town and acquired with assistance from Kestrel. For more information contact Kestrel or:

**Town of Amherst**
Department of Conservation
413-259-3045