Eastman Brook is home to breathtaking open fields perfect for bird watching and seeing butterflies flutter about. There are gorgeous wetlands and beaver dams as well as a rushing brook with accessible vantage points to view it along the trail. It is a wonderful place to stop by for a short walk after work, visit for a morning jog, or for an afternoon outing on the long-distance Robert Frost Trail.

**SUGGESTED ROUTE**

This brook-side hike is a little less than two miles long, including the short detour to visit butterflies on Kestrel Land Trust land which was donated by the Wood and Cousins families. From the parking area, follow the trail around the left side of the green fence, across two small gravel roads and along the edge of a field. There, you will find a nice place to sit to enjoy some sunshine and birdsong. This trail will then continue into the woods where you will find an intersection, take a right to enjoy butterflies, or a left to continue over the train tracks onto the Robert Frost Trail. Continue straight on the orange-blazed trail through a field perfect for viewing birds or tracks in the snow. When you approach the woods, stay straight and follow the red-blazed Ellsworth Barnard Trail along the Eastman Brook. Turn right and cross the bridge, to follow the trail through the entire loop. You will cross another bridge before completing the loop and returning to the parking area.

**DIRECTIONS**

- **GPS Address:** 280 Leverett Rd., Amherst, MA 01002
- Parking is available on the west side of Leverett Road across from house #281

**WHAT YOU CAN DO HERE**

- Walk/Jog
- Watch Wildlife
- Spy Butterflies and Insects
- Identify Tracks
- XC Ski / Snowshoe

**WHAT TO LOOK FOR**

- Beaver dams and wetland views

**YOU SHOULD KNOW**

- Open dawn to dusk, year round
- Please keep dogs on leash and pick up after your pet
- Respect adjacent private property by staying on the trail

**PARTNERS MAKE CONSERVATION POSSIBLE**

Kestrel Land Trust partners with towns to create, conserve, and care for public lands to help everyone connect with nature. The conservation lands here are owned by the Town and Kestrel. For more information contact Kestrel or:

**Town of Amherst**
Department of Conservation:
413-259-3045

[www.kestreltrust.org](http://www.kestreltrust.org)