SWEET ALICE CONSERVATION AREA
AMHERST, MASS
DISTANCE: JUST OVER 1 MILE
A TRAIL FOR EVERYONE AT
SWEET ALICE CONSERVATION AREA
AMHERST, MASS

This town conservation land at the foot of the Mount Holyoke Range is perfect for walking, running, and cross-country skiing. Follow the trails in the Sweet Alice Conservation Area for a short, secluded walk or venture out into the Mount Holyoke Range State Park for a longer and more rigorous hike.

SUGGESTED ROUTE

This short counterclockwise loop trail is a little over one mile. From Bay Road, follow the yellow-blazed Sweet Alice Trail away from the road through the fields, while enjoying the view of the Mount Holyoke Range to the south. The trail continues into the woods before crossing a bridge over a small but beautiful brook. Stay right at the first and second intersections heading south then west. Walk along the trail headed west, then take a left south and keep right to take in the view of Plum Brook. Follow the trail back, then take a right and continue uphill before coming to a small opening at the powerline cut, this is a good place to watch birds and enjoy the view. Continue downhill to complete the loop. If you want to extend your hike to the Mount Holyoke Range State Park, take a right at the intersection and stay right through the powerline cut. To finish a short hike, take a left to follow the trail back down to the bridge, through the field and back to Bay Road.

WHAT YOU CAN DO HERE

- Walk/Jog
- Watch Wildlife
- XC Ski / Snowshoe
- Spy Butterflies and Insects
- Sniff Wildflowers

DIRECTIONS

- GPS address: 90 Bay Rd., Amherst, MA 01002
- Parking is available on Bay Road next to the conservation area
- Bus: 38 - Mount Holyoke / Hampshire / Amherst / UMass: Atkins Farm / Bay Road

WHAT TO LOOK FOR

- Views of the Holyoke Range

YOU SHOULD KNOW

- Open dawn to dusk, year round
- Please keep dogs on leash and pick up after your pet
- Respect adjacent private property by staying on the trail

PARTNERS MAKE CONSERVATION POSSIBLE

Kestrel Land Trust partners with public agencies to create, conserve, and care for public lands to help everyone connect with nature. The Sweet Alice Conservation Area is owned by the Town of Amherst, and acquired with assistance from Kestrel. The Mount Holyoke Range State Park is owned by the Division of State Parks and Recreation. For more information contact Kestrel or:

- Town of Amherst
  Department of Conservation
  413-259-3045

- Massachusetts Department of Conservation and Recreation
  413-253-2883

www.kestreltrust.org